CANADIAN NEWA GUTHI

Canadian Newa Guthi (CNG) is a non-profit organization established in Brampton, Ontario on September 18, 2005. The main objectives of CNG includes promoting Newah culture and sustaining and developing the social, economic, and professional capabilities of the Newah community, as well as the Nepalese communities living in Canada and abroad.



CITY OF BRAMPTON

Brampton was incorporated as a village in 1853 with 50 residents and later as a town in 1873. Currently, Brampton is Canada's ninth-most populous municipality and the third most populous city in the Greater Golden Horseshoe Region, following Toronto and Missisauga.

SPONSORSHIP PACKAGE FORM

□ I would like to sponsor the program

□ PLATINUM - $1000 ☆ □ GOLD - $500 ☆ □ SILVER- $300 ☆

* Each sponsor is eligible to redeem two free tickets to the event *

Name:_____

Individual/Company: _____

Address: _____

Signature: _____

MEDIA PARTNER

TORONTO NEPAL
टोरोन्टो नेपाल न्युज
NEWS

TICKET RATE

Guthiyars and Int. Students - **$25.00**

Non-members - **$30.00**

Senior Citizens and Children from 6-10 yrs - **$20.00**

Children under 5 years **Free**

Walk in - **$35.00**

CNG CONTACT INFO

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Bimal Man Shrestha 416 705 6672

Suman Rajbanshi 647 835 1960

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Dr. Krishna Kayestha 647 303 2501

Rajendra Maharjan (Co-coordinator) 647 771 0896

Ranjana Sainju 647 760 6346

Madhur Rajbhandari 647 703 7191

Binod Shrestha 416 659 4228

Suman Pradhan 647 631 1278

Shiva Karanjit 647 403 7973

Parshu Ram Shrestha 289 400 5234

Pasa Krishna Dhonju 647 571 5302

Email **Ayushna Shrestha** for volunteering at **ayushna.s@gmail.com**

AUG 15

Interac e-Transfer

Register via e-transfer at **newaguthicanada@gmail.com** before the deadline on Saturday, August 15, 2024. International Students must show their ID upon arrival at the venue.

SAMAYBAJI 2019



Last Samaybaji event was held in Chingcousy Park, Brampton on August 24, 2019 with over 500 attendees including adults, children and seniors, the event was a huge success.

CANADIAN NEWAH GUTHI PRESENTS



CULTURAL DIVERSITY OF BRAMPTON:

BRIDGING GENERATIONS WITH SAMAY BAJI - 2024

Saturday, September 07, 2024
11:30 AM - 5:30 PM

Chinguacousy Park, Shelter # 3,
9050 Bramalea Rd
Brampton, ON, L6S 6G7

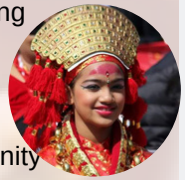
Canadian Newa Guthi

BRAMPTON supports this event through the Community Grant Program.

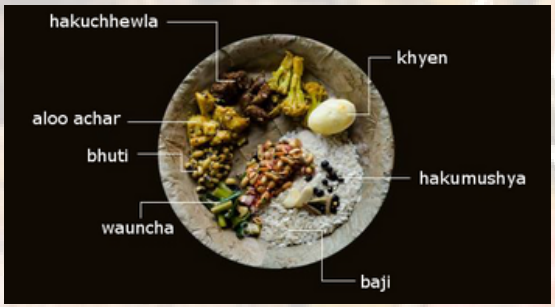


SIGNIFICANCE OF SAMAYBAJI

Samaybaji is an authentic traditional Newah set of dishes that is served as an offering to the gods during Indra Jatra. Indra Jatra, (“Yenya”) is an eight-day-long festival which marks the end of the rainy season and the beginning of Autumn. It is celebrated to worship Lord Indra, the God of Rain. During Indra Jatra, the living Goddess Kumari, the God Ganesh and God Bhairav are also worshipped. Samaybaji is the most traditional dish among the Newah community and is also prepared for other celebrations.



Samaybaji consists mostly of dry ingredients and is rich in protein, carbohydrates, vitamin A & C, and calcium. The combination of spices and ingredients boosts the flavour of the dish and it is also great for the immune and digestive system. The spiritual, mental and physical significance of Samaybaji is believed to bring good luck, health, wealth, and prosperity to those who participate in the feast.



SAMAYBAJI SET

khyen – boiled-fried egg
woh – lentil pancake
nya – fish
wauncha – spinach
baji – beaten rice
siya baji – puffed rice
laba palu – ginger and garlic
bhuti – black-eyed beans
hakuchhewla – black spicy meat
hakumushya – roasted black soybeans
alu achaar – potato salad / alsa with spices
kauli – cauliflower
alu sadheko – marinated potato
dhau – yogurt
sisafusa – cucumber
tuyu simpu – white beans
mari – sweets

SAMAYBAJI 2024



2024 will be the third year the City of Brampton is funding CNG's annual Samaybaji festival. This year's program will feature a samaybaji meal and a full day of festivities like traditional dances and music including special madal (Maga:khin) performances.



SWET BHAIRAB

Indrajatra, or Yanya Punhi, is an eight-day festival celebrated by the Newar community in Kathmandu Valley to honor Indra, the god of rain, and Bhairava, a fierce aspect of Shiva. The festivities begin with the erection of a ceremonial pole called the Linga or Yasingh. T**he festival features the display of various Bhairava masks, notably the massive spouting mask of Sweta Bhairava at Durbar Square, which dispenses alcohol and rice beer**, and Akash Bhairava at Indra Chok, revered in both Hindu and Buddhist traditions for protection and fierceness. This vibrant festival, deeply rooted in Newar traditions, showcases the community's rich cultural heritage.

TRADITIONAL DANCES

During the Indra Jatra festival, traditional dances and practices are also a vital part of the celebrations. The residents of Kathmandu Valley prepare celebrations throughout their community with singing, dancing, and chariot processions. The dances include:



Newah Dance
Lakhe Dance
Charya Nritya
Pulu Kisi Dance



NEWAH DANCE



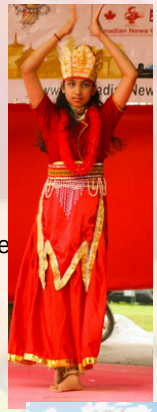
The **Newah dance** is a folk dance popular among Newah community. It is generally performed during the harvest season in the community gathering alongside live music. Dancers often wear traditional Newah clothing when performing.



LAKHE DANCE

The **Lakhe dance** is a popular dance performed once a year during Indra Jatra. As legend has it, the Lakhe escorted the Goddess Taleju as she came into Kathmandu valley. Although Lakhe is the commander of demons, he is worshiped as a deity because he protects the residents of Kathmandu from other demons. The Lakhe wears a huge red wrathful mask, an example of meticulous Newah art, and makes demonic movements to the rhythm of traditional Newah beats of instruments including dhime (drum) and bhushya (cymbals). The spirit of the Lakhe is believed to reside in the mask, thus the dance is not taught but inherited by the dancer. City residents offer food and ritual items to the Lakhe as he dances and roams through the city.

CHARYA NRITYA



The dance **Charya Nritya**, which translates to “dance as a spiritual discipline”, is a sacred Newah Buddhist movement practice that originated a thousand years ago. The purpose of the dance is to allow the audience to fully become one in mind, body and speech with the performer, and consequently experiencing the true nature of a Bodhisattva. It portrays the stories of Buddhas.

PULU KISHI



Pulu Kishi is an elephant mascot believed to be lost after being left by Lord Indra when He descended to earth from heaven to search for a flower called Parijat. In this performance,Pulu Kishi goes around the town, dancing under the music of a single bell in search of his master Lord Indra.